

Giving Thanks When You Are Going Through Divorce

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It can be difficult going through a family law matter during the holidays. At a time when it may seem like others have perfect families or perfect lives, the fact that you and your family are going through a difficult transition can feel awful. But in those times of sadness, here are some things to be thankful for:

1. Starting new traditions - Friendsgiving or having thanksgiving on a Friday or Saturday when more friends and family may be available. You're not competing with others on Thursday and may be able to relax and enjoy a not-so-formal holiday.
2. Making your own choices- couples often have to decide how to divide holidays between several houses. When it's just you, there's no pressure to rush to leave one house for another.
3. Looking toward the future. While your life may be in a state of transition now, you are also on your way to creating a new path for yourself and your family in years to come.
4. Your attorney. Hopefully you have an attorney you trust to guide you through this often emotional process.

For any family law issues or questions, please contact one of the family law attorneys at Sandberg Phoenix.